

When you were a child or young adult, was there someone in your life—a teacher, neighbor, relative, coach, friend, or boss—who encouraged you, showed you the ropes, and helped you become who you are today?

Have you often thought about that person, but regret never having said "thank you?"

## Ways to Honor Your Mentor

## Contact Them

Get in touch with them by email, telephone, card, or letter and let them know the impact they had on you. Tell them how much you appreciate what they did for you.

## Pass It On

An excellent way to honor the person who mentored you is to "pass it on" by becoming a mentor to a young person in your community. For more information visitwww.mentormichigan.org or call 1-800-VOLUNTEER.

## Write a Tribute

Write a tribute that will be posted on the Who Mentored You web site. Visit www.whomentoredyou.org and click on Thank Them." Scroll down to "Write a Tribute." Don't know what to write? Write from your heart. What lessons—or words—of lasting value did your mentor impart to you? Are there particular events or moments that you recall in connection with your mentor?